

CD*NY 2010 Playford Ball Dance Instructions

The dances printed in this booklet are arranged in alphabetical order for easy reference. The numbers in the second column are counts/beats, or the number of steps to execute the described movement. Numbers in parentheses represent further clarification of timing. Siding is Cecil Sharp style, and all turns single are to the right unless otherwise specified. Rights and lefts are with hands unless otherwise specified. Crossing over is by the Right shoulder. Hand turns are once around.

Candles in the Dark (2006, Loretta Holz) duple minor, longways, proper, waltz time

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|----|----|---|
| A1 | 12 | Assisted half figure-8s: 1s face down, 1 st man takes R-hand in right w/ 1 st woman, guiding her in front as they cross down betw 2s & cast up to exchange places |
| | 12 | 1 st man & 2 nd woman assisted half figure-8 across set |
| A2 | 12 | 2 nd man & 1 st woman assisted half figure-8 across the set |
| | 12 | 2s assisted ½ figure-8 down betw 1s [all progressed, improper] |
| B1 | 12 | Mirror back-to-back w/ neighbor (2s take hands to begin) |
| | 12 | Circle-4 once around |
| | 12 | Mirror back-to-back w/ neighbor (1s take hands to begin) |
| | 12 | Partners gypsy 1½ to finish proper |

Companions (2003, Victor Skowronski) duple minor, longways, proper

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|----|----|---|
| A1 | 8 | Single file clockwise one place, balance into the center of the set & back |
| A2 | 8 | Repeat A1, all ending progressed & improper |
| B1 | 8 | 1 st man & 2 nd woman R-shoulder chevron, 1 st woman & 2 nd man cast [all end in partners place] |
| B2 | 8 | All pousette halfway (1 st woman & 2 nd man forward), then form line of 4; orig 1 st corners step R to face each other, orig 2 nd corners step left (behind orig neighbor) onto end of line |
| C | 12 | All do 6 changes of hey for 4 w/ 1 st corners starting by passing L-shoulder. End w/ 1 st corners at ends improper & 2 nd corners in middle proper, facing |
| C2 | 12 | 2 nd corner gypsy L-shoulder ¾ while 1 st corners loop R into: All gypsy partner R-shoulder 1¼ to progressed place |

Dusty Miller (1726)
3 couple set, longways, proper, triple time

- A1 12 1s lead through 2s, turn in to face up, then cast down to 3rd place
- A2 12 1s turn 2-hands, cast up to 2nd place & face 1st corners
- B1 6 1st man R-hand turn 2nd woman while 1st woman R-hand turn 3rd man
6 1s turn L-hand in 2nd place
- B2 6 1st man R-hand turn 3rd woman while 1st woman R-hand turn 2nd man
6 1s turn L-hand in 2nd place & face 1st corners
- A3 6 1st man slow set & honor 3rd woman while 1st woman slow set & honor 2nd man
6 1st man 2-hand turn 3rd woman while 1st woman 2-hand turn 2nd man
- A4 6 1st man slow set & honor 2nd woman while 1st woman slow set & honor 3rd man
6 1st man 2-hand turn 2nd woman while 1st woman 2-hand turn 3rd man
- B3 12 1st man hey w/ women, passing L-shoulder w/ 3rd woman to start while 1st woman hey w/ men, passing L-shoulders w/ 2nd man to start
- B4 12 1s 2-hand turn half way, lead down, 3s cast up

Easter Thursday (1733)
duple minor, longways, proper, triple time

- A1 18 Neighbors back-to-back (9), partners back-to-back (9)
- A2 18 Neighbors 2-hand turn (9), partners 2-hand turn (9)
- B1 6 Partners facing, all balance backwards & forward
6 Set R & L
6 Turn single
- B2 6 1s half figure-8 through 2s (skip)
6 1s cross & go below as 2s move up
6 All 2-hand turn partner

Hazelfern Place (2006, Chris Sackett & Brooke Friendly)
 duple minor, longways, proper

- A1 8 Partners R-shoulder back-to-back
 8 Partners 2-hand turn once round & open up to face neighbor
- A2 8 Neighbors mirror back-to-back (2s up betw 1s to begin)
 8 Neighbors mirror 1-hand turn 1¼ (2s up betw 1s to begin)
 All end in line of 4 facing up w/ 2s in middle (1s do flip at end)
- B1 8 Lines of 4 lead up a double & back
 8 2s lead up & cast down into middle of same line of 4 facing down while 1s cast, cross up, & cast (half figure-8) to other end of that line of 4 facing down
- B2 8 Lines of 4 lead down a double & back
 8 2s lead down & cast up into progressed place while 1s cast up & cross down (half figure-8) into progressed place

Heartland (2008, Orly Krasner)
 duple minor, longways, 1st couple improper, double progression

- A1 6 Men cast R into neighbor's place, women turn single R into neighbor's place
 18 Men full diagonal figure-8 (men pass R-shoulder, cast L around partner, pass L & cast R around neighbor)
- A2 6 Women cast R into neighbor's place (original home) men turn single R into original home place
 18 Women full diagonal figure-8 (women pass R-shoulder, cast L around partner, pass L & cast around neighbor [all home])
- B1 12 Partners long poussette clockwise, halfway plus a little more until men stand back to back in center of a line across the hall
 6 Partners brisk 2-hand turn once around (6) & open to face line of progression (1s down, 2s up)
 6 All dance forward 2 single steps (step close, step close)
- B2 12 Men cast L & wheel partners around into half an open ladies chain w/ next couple [all progressed once, improper]
 6 L-hand star halfway & release hands to face partner [all progressed twice, 1s improper]
 6 Partners set R & L

The Homecoming (1997, Gary Roodman)
 duple minor, longways, improper

- A1 12 1st man, followed by partner, cast below 2nd couple, man
 dance across & up outside set to 1st place proper; woman
 dance up center to 1st place proper
- A2 12 2nd man, followed by partner, cast above 1st couple; man
 dance across & down outside set then up between 1st
 couple; woman dance down center around 1st man,
 ending on his L. End in line of 4 facing up, men in middle
- B1 6 W/ hands, lead up 3 steps, turn individually, fall back 3
 steps (moving up)
 6 Line lead down 6 steps, face neighbor
- B2 9 Half R-shoulder hey for 4, meet neighbor at other end &
 3 Neighbors 2-hand turn to face out, woman on man's L
- C1 6 Lead away, change hands to lead back
 6 Women change places; men change places
- C2 6 Circle-L halfway
 6 Partners 2-hand turn once

Jamaica (1670)
 duple minor, longways, proper, double progression

- A1 4 1s give R hands (hold on), give L hands
 4 1s turn halfway (crosshand hold) to change places
 8 All w/neighbor on the side: give R (hold on), give L, turn 1/2
- B1 16 1s figure-8 up through 2s (skipping) then cross to end proper
- A2 8 W/ new neighbors: 1st corners turn 2-hands
 8 2nd corners turn 2-hands
- B2 8 Neighbors turn 2-hands 1 1/2 (skipping) & face partner
 8 Partners turn 2-hands once (walking step) & fall back

Kneeland Romp (1987, Gary Roodman)
3 couple set, longways, proper

- A1 8 1s cast to 2nd place, 2s moving up
8 1s & 3s circle-L once around
- A2 8 1s cast back to 1st place, 2s moving down
8 1s & 2s circle-L once around
- B1 8 1s lead down middle
8 Come back skipping, & cast to 2nd place
8 All take hands along lines, set to R & L moving forward, & turn-S back to place
- B2 8 Turn at top: couple in 1st place turn-R once while couples in 2nd & 3rd places face partners & do 2 changes of rights & lefts
8 Turn at bottom: couple in 3rd place turn-R once while couples in 1st & 2nd places face partners & do 2 changes of rights & lefts
8 Turn at top: couple in 1st place turn-R once while couples in 2nd & 3rd places face partners & do 2 changes of rights & lefts

Koepoort Galliard (1974, Pat Shaw)
4 couple square set, triple time

- A1 6 Heads meet in center & turn out (men L, women R) to face sides
6 Heads half figure-8 thru sides ending in opposite's place
6 Heads pass partners R-shoulder & turn-S $\frac{3}{4}$ to face center (men L, women R)
6 Heads change places w/ opposite, passing R-shoulder & turning outward away from partner (men L, women R), fall back into original places passing R-shoulder w/ partner
- A2 24 Sides repeat A1 from side places
- B1 6 All L-hand turn w/ corner
6 Heads R-hand star halfway while sides R-hand turn w/ partner
6 All L-hand turn w/ new corner
6 Sides R-hand star halfway while heads R-hand turn w/ partner
- B2 6 All gypsy L-shoulder w/ corner
6 All back-to-back R-shoulder w/ partner
12 Women R-hand star in center, pass partner, pick up next man w/ inside hand and all double star on to man's original place, men wheel new partner round

Repeat w/new partner as above, then twice w/ sides leading A1 & B1, and heads leading A2

La Gavre (1777)
duple minor, longways, improper

- A 16 R-hand star, then L-hand star
- B 16 1s lead down center, turn inwards, skip back & cast to 2nd place
(2s move up, finish facing out)
- C 16 Neighbors mirror gypsy on the side:
1st man & 2nd woman R-shoulder, 1st woman & 2nd man L-
shoulder; repeat by other shoulder
- D 8 All set forward to partners & turn single to place
Partners take R-hands. Bernard Bentley allemande: ladies move
forward and back, while men gypsy around them

Leather Lake House (1788)
triple minor, longways, proper

- A1 8 1s & 2s set to partner, then dance 2 changes of rights &
lefts, w/o hands
8 1s & 2s repeat to place
- A2 6 1s cross over & go below 2s who move up
2 1s 2-hand turn half to face down
8 1s lead down thru 3s & cast into 2nd place
- B1 8 1st woman circle-3 left w/ 2s above while 1st man circle-3
left w/ 3s below
8 All R-hand turn once around w/ partner
- B2 8 1st woman circle-3 right w/ 3's below while 1st man circle-
3 right w/ 2s above
8 All L-hand turn once around w/ partner

Mr. Beveridge's Maggot (1701)
 duple minor, longways, proper, triple time

- A 6 1s hole-in-the-wall cross & face down
 6 Back-to-back w/ opposite
 3 1s turn S
 6 R-hand turn neighbor
 3 1s L-hand turn halfway to place
- B1 6 1s cross L-shoulder, go below 2s who meet & lead up
 6 All back-to-back w/partner, 1s end close, move up
 between 2s; all face up
 6 Line of 4 up 5 steps & close
 6 Fall back, 2s handing 1s up into first place; all face partner
- B2 12 1s half figure-8 down
 6 1s skip half figure-8 down
 6 1s, skip across & move down outside, 2s meet & lead up

Noisette (2004, Philippe Callens)
 duple minor, longways, proper, triple time

- A1 12 Women lead betw men, separate & cast back outside partner to
 place
 6 1st woman & 2nd man cross R-shoulder & turn R to face in
 6 All cast R to move one place around [all improper]
- A2 12 Men lead betw women, separate & cast back outside partner to
 place
 6 1st man & 2nd woman cross R-shoulder & turn R to face in
 6 All cast R to one place around [all home]
- B1 12 1s dance clockwise around neighbor, then:
 1st man move down middle to finish betw 2s, facing 2nd man as
 1st woman move down outside to face 2nd woman who turns-R
 to face out [All now in line of 4 in 2nd place, facing neighbor]
 12 Half straight hey for 4, neighbors start R-shoulder
- B2 6 2s move c-wise halfway around neighbor, then move up set
 (man up middle, woman up outside) to finish in 1st place,
 improper, facing the women's wall; in 2nd 3 beats, 1s turn-R to
 face the men's wall
 6 All move c-wise single file, halfway round [all home]
 6 Partners balance forward & back
 6 1s cast down as 2s lead up

Picking Up Sticks (1651)*
3 couple set, longways, proper

- A1 16 All up a double & back, twice
- A2 8 Zig-zag progression: top man change places w/ middle woman,
then bottom man
8 All up a double & back
- A3 8 Zig-zag progression: top woman change places w/ middle man,
then bottom woman
8 All up a double & back
- A4- 64 Repeat zig-zag progression, followed by all up a double &
A7 back, 4 more times [all are home]
- B1 16 Partners side twice
- C1 16 3s cross by R & skip up outside, across top & down other side to
places while 1s & 2s shuttle twice: 1s take 2-hands for 4 slips
down center while 2s slip up the outside, then 2s slip down
center while 1s slip up outside, repeat
- C2 16 1s cross by R & skip down outside, across bottom & up the other
side to place while 2s & 3s shuttle twice: 3s take 2-hands for 4
slips up center while 2s slip down outside, then 2s slip up
center while 3s slip down outside, repeat
- A8 16 Partners arm-R, then L
- B2, 48 Sheepskin hey (skip): 1st man lead men across the set behind
C3, women's line: dance L-sh round 2nd wo, R-sh round 3rd wo, L-sh
C4 round 2nd wo, R-sh round 1st wo; 3rd man, at end of line of men,
reverse the direction of hey & takes the lead when he passes
round 2nd woman. Then 2nd man does the same; then 1st man
same. 1st man now at top, lead men down outside women's line
& back up to home place
- B3, 48 Women do the mirror image
C5, C6

* For those who know

Rafe's Waltz (1996, Victor Skowronski)
 duple minor, longways, proper, triple time

- A 12 1st corners set to each other, then gypsy half to change places
 12 2nd corners, the same
 12 All set to partner, then gypsy half to change places
 12 Neighbors, the same
- B 12 1s lead down & turn S away from each other (man R, woman L)
 12 1s lead back to place & turn S away from each other (man L, woman R)
 12 All turn partner R-hand, gradually coming close to partner
 6 1s cast down while 2s lead up
 6 Facing new neighbor, all turn S away from partner

Red and All Red (1757)
 3 couple set, longways, proper

- A1 8 All set forward to partner R & L, turn S back to place
 8 2-hand turn halfway, ending close, & fall back
- A2 8 1s set to partner, then taking inside hand, set to 2nd woman, who acknowledges
 8 1s w/ 2nd woman, circle-3, ending w/ 1s facing 2nd man
- B1 4 1s set to 2nd man, who acknowledges
 8 1s w/ 2nd man, circle-3
 4 1st man, keeping hand w/ partner, lead her behind the men & leave her there
 4 1st man continue clockwise round set to stand behind the women. On last count, inactive men & women turn toward each other to face actives
 8 Hands-3 on sides once round, inactives break hands to face across
- B2 12 Hands-6 circle once around
 8 Top & bottom couples continue clockwise round set to change places (2nd man & 3rd woman leading)
 8 All 2-hand turn partner [progression 3,1,2]

Rural Sports (1748)
3 couple set, longways, proper

- A1 16 Lines go forward & back, then partners change places
- A2 16 Lines again forward & back, then partners 2-hand turn once
[all improper]
- B1 16 1s cross & cast down to middle place proper, 2s moving up,
then circle-L w/ 3s
- B2 16 3s gate 1s down, then 1s circle-R w/ 2s at top
- C1 16 Straight heys across set: 1st man down & 1st woman up, starting
L-shoulder w/ R diagonal
- C2 16 Changing ends, 1s straight heys across, starting R-shoulder w/
L diagonal, 1s finish in middle place proper
- D1 8 1s cross L-shoulder, man down & woman up, pass their R
diagonal R-shoulder; man continues round & below 3s back to
middle place, proper, while woman does same round & above
2s; while long 1st corners cross L-shoulders & turn R to face
across set
8 All R-hand turn the dancer they now face
[2nd & 3rd men at top; 1s in middle; 2nd & 3rd women at bottom]
- D2 8 Changing ends (active man up, woman down) all repeat D1 in
reverse: 1s cross R, go L-shoulder round their L diagonal; man
continues round & above top back to middle place, proper,
while woman does the same round and below bottom; while
long 2nd corners cross R-shoulders & turn L to face across set
8 All L-hand turn partners

Scotch Cap (1651)
3 couple set, longways, proper

- Part I
- A 16 Partners lead up a double & fall back, twice
- B1 8 On L diagonal, 1st woman & 2nd man face each other, 2nd
8 woman & 3rd man the same, all balance back & change places
8 1st man & 3rd woman change places
- B2 16 Repeat B1 to place
- Part II
- A 16 Partners side-by-side R-shoulder, then L
- B1 8 Taking hands along sides, lines back & forward a double
8 1st & 3rd men, 1st & 3rd women, 2nd couple: arm-R then reform
lines of 3
- B2 8 Taking hands along sides, lines back & forward a double
8 Partners 2-hand turn
- Part III
- A 16 Partners arm-R, then arm-L
- B1 4 All 4 slips L (men up, women down) so that 3rd man faces 1st
woman
12 3 changes of R & L w/ hands, 3rd man & 1st woman starting by
R; all turn partner by R on last change to end home
- B2 4 All 4 slips R (men down, women up) so that 1st man faces 3rd
woman
12 3 changes of R & L w/ hands, 1st man & 3rd woman starting by
R: all turn partner by L on last change to end home

Smithy Hill (1987, Tom Cook)
duple minor, longways, improper

- A1 8 Hands-4 left halfway, starting w/ L foot; all step L & R
 8 Continue circle to place & step again
 8 Women change places passing R-shoulder; men the same.
 8 Repeat to places, turning to face out at end; take inside hands
 w/ neighbor
- A2 8 Neighbors lead out a double & California twirl to face in
 4 Women change by R hands, to face partner
 4 Give L to partner & box the gnat to change places [all now in
 line across hall, men w/ back to each other & facing partner]
 8 4 changes of hey, starting L w/ partner, until women are on the
 other side & men are again facing partners
 4 Partners take 2-hands, men draw partner into progressed places
 4 All step L & R

Songs of the Harpist (1998, Fried de Metz Herman)
triple minor, longways, proper, waltz time

- A1 6 1s join inside hands, lead down & join hands in a ring w/ 3s as
 2s fall back, 2 steps
 6 1s & 3s double pousette up, 1s fall back, 3s move forward (2s
 move into 3rd place)
 12 1s & 3s hands-4 halfway, cross w/ partner by R-shoulder as 2s
 R-had turn once
- A2 24 Repeat A1 w/ new dancers in these places, ending 2-3-1 from
 top
- B 12 1s lead up above top place & cast into middle place, 3s move
 down 1 place [now 2-1-3]
 6 All tight R-shoulder gypsy w/ partner
 6 All loop single left into:
- C 24 1st woman hey w/ 2s above passing 2nd man L-shoulder to start
 while 1st man hey w/ 3s below passing 3rd woman L-shoulder to
 start (During the heys, the 1s touch partner's hand each time
 they pass through the middle)