

*Dance Directions for the
37th Annual New York Playford Ball
presented by Country Dance * New York
April 18, 2020*

THE DANCES

Apley House
Beautious Grove
Braes of Dornoch
Elephants Stairs
Heidenröslein *
The Homecoming
Jacob Hall's Jig
The Leap of Faith
Measured Obsession *
Mike's Health
Moonflower

Muriel's Measure
Never Love Thee More
Rich Delights
Sally in Our Alley
Scotch Cap
Siege of Limerick
Sir Watkin's Jigg
Ties of Love
Trip to Kilburn
Wooing Mairi

** For Those Who Know*

NOTES ON THE DANCES

The dances in this booklet are arranged in alphabetical order for easy reference. The numbers in the second column are counts/beats, or the number of steps, to execute the described movement.

Unless otherwise specified:

- Dances begin in proper formation.
- Siding is Cecil Sharp style.
- Rights & lefts (R&L) are with hands.
- A circular hey is without hands.
- Leading or falling back with another dancer is with inside hands joined.
- Changing places or crossing over is by the right shoulder.
- Back-to-back is by the right shoulder.
- Hand turns, stars, and circles are once around.
- Circles and 2-hand turns are to the left.
- Poussettes are forward & back style.

Apley House (1703)*duple minor longways*

- A1 8 Men fall back a double, then come forward a double turning single
 A2 8 Women the same
- B1 4 1s and 2s star R halfway (*progressed & improper*)
 4 All turn single up
- B2 8 2s cast down one place and meet in the center of a line of 4 facing up
while 1s lead up the center and cast down onto the ends
- C 8 Line of 4 lead up a double, then fall back bending the line (*home improper*)
 8 1s cast down, then cross with partner **while** 2s lead up, then 2M hand partner across to proper side

Beautious Grove (1711)*3-couple longways set*

- A1 8 1s set, then short cast down into middle place, 2s leading up
 8 Woman up, man down (1W & 2s, 1M & 3s), circle-3 L (*1s end standing back to back on the centerline, 1W above, 1M below*)
- A2 8 1s pass through nearest end couple and cast L around one person
 8 At the other end (1M & 2s, 1W & 3s), circle-3 L (*1s end standing back to back on the centerline, 1M above, 1W below*)
- B 16 1s cast R for R shoulder hey on improper side; instead of completing the hey, 1s extend final loop L to form lines of 3 across the set (taking hands) that approach each other (*1M between 2s above, 1W between 3s below*)
 4 1s fall back **while** 2s & 3s meet partner
 4 1s cast L into middle place proper **while** 2s & 3s lead to end places (*order 2-1-3*)
 8 2s 2-hand turn **while** 1s 2-hand turn moving down into bottom place **while** 3s long cast up into middle place
- [progressed order 2-3-1; repeat twice more]*

Braes of Dornoch (1757)*3-couple longways set*

- A 16 1s lead to the bottom & cast up to middle place (as 2s lead up), then 2-hand turn partner (*order: 2-1-3*)
- 8 1s lead up & cast back to middle place
- 8 1s 2-hand turn partner $\frac{3}{4}$ round (*1W above, 1M below*), then turn individually to the R to stand back to back on the centerline (1M facing down, 1W up) **while** ends turn in to face them (1W & 2s, 1M & 3s)
- B 4 Taking hands in two wavy lines of 3 (Scottish “double triangles”), all set forward and back
- 12 Those who can, LH turn; then 1s RH turn the other dancer at their end (1M & 3M, 1W & 2W) not quite all the way round to re-form the set (*order: 2-1-3*)
- 8 Partners back-to-back
- 8 Bottom couples (1s & 3s), 3 changes R&L **while** top couple 2-hand turn
- [progressed order 2-3-1; repeat twice more]*

Elephants Stairs (1727)*duple minor longways, triple time*

- A1 24 1s figure 8 around standing 2s: cast down (6 steps), cross up, cast down again, and cross up turning out cloverleaf into place
- A2 24 2s figure 8 around standing 1s: cast up, cross down, cast up again, and cross down turning out cloverleaf into place
- B1 12 Men lead through the women and cast back to place
- 12 1s lead down through 2s and cast back to place
- B2 12 Women lead through men and cast back to place
- 12 Cast and lead once and a half: 2s lead up, cast back to place, and lead up again into 1st place, **while** 1s cast down, lead back to place, and cast down again into 2nd place (unphrased)

Heidenröslein* (1974, Pat Shaw)***For Those Who Know***4-couple square set mixer, waltz time*

- A 24 Partners R-hand turn, then corners L-hand turn
 12 Men star R $\frac{3}{4}$ round (*Men ending 1 place to R of original home place*)
 12 Women star L $\frac{3}{4}$ round (*Women ending 1 place to L of original home*)
- B 6 Temporary partners change places with 2 chassé steps: Men move to R behind partner, Women to L in front
 6 Temporary partners step R & honor, then turn individually to face opposite direction (*Men facing counter-clockwise, Women clockwise*)
 12 Two changes of a grand chain, starting R-hand and changing L-hand with original partner
 12 With the next, take ballroom hold and waltz to Man's original place

*[repeat 3 more times]***The Homecoming** (1997, Gary Roodman)*duple minor longways, improper, triple time (slip jig)*

- A1 12 1s chase ("Man around two, Woman cut through"): 1M, followed by 1W, cast down around standing 2s, then 1M continue around both 2s **while** 1W cut up the middle (*1s proper*)
- A2 12 2s chase ("the same plus a little bit more"): 2M, followed by 2W, cast up around standing 1s, then 2M continue around 1W to end between 1s **while** 2W cut down between the 1s and continue around 1M to end on the end of a line of 4 facing up (*order from L to R: 2W 1M 2M 1W*)
- B1 6 Line of 4 lead up (3 steps), then (opposites changing hands) fall back (3 steps) up the hall
 6 Line lead down & all face opposite (*line of 4 across the hall*)
- B2 6 All half-hey for 4, starting R shoulder with opposite
 6 Opposites (now on other side of set) 2H-turn $\frac{3}{4}$ and open to face out (*Man on R, Woman on L*)
- C1 6 Opposites lead away, then (changing hands) lead back
 6 Women (on the diagonal) change places, then Men change places
- C2 6 Circle L halfway
 6 Partners 2-hand turn

Jacob Hall's Jig (1695)*duple minor longways*

- A1 8 1M R-hand turn 2W
 8 1s and 2W circle-3 L
- A2 8 2M L-hand turn 1W
 8 2s and 1W circle-3 R
- B1 8 1s lead down center, then (changing hands) lead back up center and
 sweep the 2s into
 8 Line of 4 lead up a double, then fall back bending the line (*progressed*)
- B2 8 Circle L
 8 1s lead up through 2s above and cast back to progressed place

The Leap of Faith (2018, Orly Krasner)*duple minor longways, improper*

- A1 8 Neighbors fall back a double & come forward into...
 8 Moving 2-hand turn 1¼ with partner: 2-hand turn once around, then Men
 (keeping R hand with partner and moving to L) lead partner one place
 farther around the ring to end beside partner along the line
 (*1s in women's line, 1M below; 2s in men's line, 2M above*)
- A2 8 Partners, keeping inside hands, fall back a double & come forward into...
 8 Moving 2-hand turn 1¼ with opposite: 2-hand turn once around, then
 Women (keeping R hand with opposite and moving to L) lead opposite
 one place farther around the ring to end beside opposite along the line
 (*progressed & crossed over: 2s improper, 1s proper*)
- B1 8 Partners gypsy R
 8 1s split half-figure 8: 1s, individually moving L (Man up, Woman down),
 dance R shoulder around diagonal post (passing L shoulder with dancer
 from other set) to end in each other's place (skip-change step)
 (*progressed, all improper*)
- B2 8 2s split half-figure 8: 2s, individually moving L (Man down, Woman up),
 dance R shoulder around diagonal post (passing L shoulder with dancer
 from other set) to end in each other's place (skip-change step)
 (*progressed, 1s improper*)
 8 Partners back-to-back

Measured Obsession* (1991, Fried de Metz Herman)
duple minor longways, improper, triple time

***For Those Who Know**

- A1 6 R-hand star halfway
 6 Women, keeping R hand, balance in & out **while** Men (releasing hands)
 continue dancing clockwise into each other's place
 6 R-hand star halfway
 6 Men, keeping R hand, balance in & out **while** Women (releasing hands)
 continue dancing clockwise into each other's place (*progressed & crossed
 over: 2s improper, 1s proper*)
- A2 6 Women, joining both hands with partner, dance forward in a straight
 poussette
 6 1s lead up with 2 single steps **while** 2s lead down with 2 single steps
 6 Men, joining both hands with partner, dance forward in a straight
 poussette to re-form the set (*home, 2s improper*)
 6 1s lead down with 2 single steps and end facing out **while** 2s cast up with
 6 regular triple-time steps and face partner
- B 12 1s face-en-face R shoulder **while** 2s back-to-back R shoulder; then all
 turn individually R to face other way, without adjusting up or down
 12 1s back-to-back R shoulder **while** 2s face-en-face R shoulder
 (Note: Traveling "shadows" along the line may take hands for the face-en-
 face and back-to-back.)
- C 9 1s lead up and cast back **while** 2s cast down and lead up
 3 Partner 2-hand turn halfway to end 1s facing up, 2s facing down
 9 Neighbors gypsy R
 3 All turn single R

Mike's Health (2011, Lynn Jensen)
duple minor longways

- A1 8 1s cross and go below, 2s moving up
 8 1s half-figure 8 up through standing 2s
- A2 8 2s cross and go below, 1s moving up
 8 2s half-figure 8 up, ending outside 1s in a line of 4 facing up
- B1 8 Lines of 4 lead up a double, then set
 4 Lines fall back a double bending the line into a ring (*2s above*)
 4 Circle L halfway (*home & improper*)
- B2 8 Neighbors fall back a double, then set
 8 1s cross and go below **while** 2s 2-hand turn halfway and dance up

Moonflower (2016, Susan Kevra)*duple minor longways, improper, waltz time*

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|----|----|---|
| A1 | 12 | 1 st Corners (women) set R&L, then turn single R |
| | 12 | Circle-4 L |
| A2 | 12 | 2 nd corners (men) set L&R, then turn single L |
| | 12 | Circle-4 R |
| B1 | 12 | All balance the ring, then partners roll away across the set (dancer on L hands partner across in front to change places), making eye contact (<i>all crossed over: 1s proper, 2s improper</i>) |
| | 12 | All balance the ring, then neighbors roll away (dancer on L hands neighbor in front to change places along the line), making eye contact (<i>progressed, 2s improper</i>) |
| B2 | 12 | Partners long back-to-back |
| | 12 | Partners 2-hand turn 1½ (<i>progressed, 1s improper</i>) |

Muriel's Measure (1995, Colin Hume)*duple minor longways*

- | | | |
|----|----|---|
| A1 | 8 | 1s set, then R-hand turn halfway (<i>1s improper</i>) |
| | 8 | Men cross (on the diagonal), then Women cross (<i>progressed, 2s improper</i>) |
| A2 | 8 | Partners back-to-back |
| | 8 | Circle-4 L $\frac{3}{4}$ (6 steps), then 2M & 1W release L hand and open (2 steps) into a line of 4 facing up (<i>order from L to R: 2M 2W 1M 1W</i>) |
| B1 | 8 | Line of 4 lead up a double and fall back, ending facing partner |
| | 8 | Half-hey for 4, starting R shoulder with partner |
| B2 | 16 | R-hand turn partner $\frac{3}{4}$ (<i>1s in men's line, 2s in women's line, Men above</i>), then L-hand star 1¼ (<i>progressed</i>) |

Never Love Thee More (1686)*duple minor longways*

- Intro 8 All facing up, slow step-and-honor R, then L
 8 All facing partner, slow step-and-honor R, then L
 16 Partners lead up a double and fall back; that again
- A1 8 Partners R shoulder back-to-back
 8 Partners L shoulder back-to-back
 16 1s figure 8 down through standing 2s
- A2 4 Circle L halfway (*progressed & improper*)
 4 Neighbors fall back a double
 8 Partners cross over and loop R to face (*progressed*)
 8 R-hand star
 8 L-hand star
- Finis 16 Partners lead up a double and fall back; that again
 8 All facing partner, slow step-and-honor R, then L
 8 All facing up, slow step-and-honor R, then L

Rich Delights (2003, Philippe Callens)*3-couple longways set, waltz time*

- A 6 Partners set moving forward
 6 1s cast down into middle place **while** 2s lead up to top place & turn single up **while** 3s turn single down
 12 Half-heys for 3 across the set (1M down, 1W up) starting L shoulder (1M & 3W, 1W & 2M) and ending with 1s in the center of lines of 3 facing up & down the set (1s turning L individually into their lines) (*2s improper above, 1W between them; 3s improper below, 1M between them*)
 12 Taking hands, lines of 3 come forward to meet & fall back, forming a ring of 6
 12 Circle L $\frac{3}{4}$ until 1s are in middle place improper (*inactive Men above, 2M proper; inactive Women below, 3W proper*)
- B 12 1s cross R shoulder and individually move R around one person into the center of new lines of 3 facing up & down the set (*Men above, Women below, all facing partner*)
 12 Taking hands, lines of 3 come forward to meet & fall back, forming a ring of 6
 12 Circle L $\frac{3}{4}$ until 1s are in middle place proper, easing out to re-form the longways set
 12 Partners long back-to-back
- [progressed order 3-1-2; repeat twice more]*

Sally in Our Alley (1719)*duple minor longways, triple time*

- A1 12 1st corners cast L around neighbor, pass L in the center, and loop R around partner into each other's place
- A2 12 2nd corners cast R around partner (along the line), pass R shoulder in the center, and loop L around neighbor into each other's place
(all progressed & improper)
- B1 6 All individually fall back a double, then come forward
6 Partners cross and loop R to face partner *(progressed)*
12 Starting partner, 4 changes of circular hey
- B2 3 2nd corner places (original 1st corner people) cross L
3 1st corner places (original 2nd corner people) cross R *(all home improper)*
6 Circle L (quick)
12 1s long cast down & 2-hand turn ½ **while** 2s 2-hand turn 1½ moving up

Scotch Cap (1651)*3-couple longways set, nonprogressive*

Part I

- A 16 Partners lead up a double and fall back a double; that again
- B1 8 Left diagonals: 1W facing 2M and 2W facing 3M, balance back, then change places
8 1M and 3W change places
- B2 16 Repeat B1 to place

Part II

- A 16 Partners side twice
- B1 8 Taking hands along the sides, lines of 3 fall back a double & come forward
8 1M and 3M, 1W and 3W, 2s: arm right and fall back to place
- B2 8 Lines of 3, taking hands, fall back a double & come forward
8 Partners 2-hand turn

Part III

- A 16 Partners arm R, then arm L
- B1 4 All individually move L in 4 slips (Men up, Women down), ending 3M facing 1W
12 3M and 1W, taking R hands, begin a progressive chain back to places
- B2 4 All individually move R in 4 slips (Women up, Men down), ending 1M facing 3W
12 1M and 3W, taking L hands, begin a progressive chain back to places

Siege of Limerick (1698)*duple minor longways, triple time*

- A 12 1M cast down around standing neighbor, then dance R shoulder around
2W into progressed place as 2M moves up
12 1W the mirror path (L shoulder around partner) (*progressed*)
- B 6 1s cast up **while** 2s meet & lead down
6 Partners back-to-back
12 Starting partner, 4 changes of circular hey (skipping)
6 1s short lead down, then (changing hands) short lead up
6 1s cast **while** 2s lead up

Sir Watkin's Jigg (1749)*3-couple longways set*

- A1 8 1s long cast down to middle place (2s moving up after 4 beats)
8 1s 2-hand turn (*order: 2-1-3*)
- A2 16 1s and 3s: starting partner, 4 changes of R&L
- B1 8 1s lead down through standing 3s and cast back to middle place
12 1s lead up (skipping) through the 2s and cast back to middle, then turn
single down (Man R, Woman L) ending in a ring of 6
- B2 8 Circle L halfway, ending in longways lines (*order: 3-1-2, all improper*)
8 Keeping hands in lines of 3, fall back setting, then (releasing hands) all
come forward turning single
4 Partners 2-hand turn halfway

*[progressed order 3-1-2; repeat twice more]***Ties of Love (2018, Jenny Beer)***duple minor longways, triple time*

- A1 6 1st corners R-hand turn $\frac{3}{4}$, joining L hand with neighbor to form a line of 4
on the 2nd diagonal (*1st corners in the center, 2nd corners in home place at
the ends*)
6 All balance forward and back
12 Keeping neighbor's hand, L-hand turn about $\frac{3}{4}$ (6 steps), then (letting go)
1st corners pass L to end in original places (stay facing CCW) (*all home*)
- A2 6 2nd corners R-hand turn $\frac{3}{4}$, joining L hand with partner to form a line of 4
on the 1st diagonal (*2nd corners in the center, 1st corners in home place at
the ends*)
6 All balance forward and back

- 12 Keeping partner's hand, L-hand turn about $\frac{3}{4}$ (6 steps), then (letting go) 2nd corners pass L to end in original places (stay facing CCW) (*all home*)
- B1 12 Circle R
12 1s cast into the center of a line of 4 facing up **while** 2s lead up and cast to the ends
- B2 12 Taking hands, line of 4 lead up, then fall back
12 Keeping hands, all set, then 2s gate the 1s to progressed place

Trip to Kilburn (1728)*triple minor longways*

- A1 4 1s cast down to middle place (2s moving up) (*order: 2-1-3*)
8 1s & 3s circle L
4 1s lead down through 3s
- A2 4 1s cast up to middle place
8 1s & 2s circle L
4 1s lead up through 2s (*order: 1-2-3*)
- B1 4 1s cast down to middle place (*order: 2-1-3*)
12 Circle-6 L (end in longways lines)
- B2 8 1s & 2s: starting partner, 4 quick changes of a circular hey
8 1s & 2s: 2-hand turn with partner

Wooring Mairi (1986, Scott Higgs)*3-couple longways set, 1s improper*

- A1 16 Crossover mirror hey (*all proper*)
A2 4 1s 2-hand turn halfway
4 1s & 2s circle halfway (*order: 2-1-3, 2s improper*)
8 Circle-6 halfway, re-forming the set (*order: 3-1-2, 3s & 1s improper*)
- B1 16 3s (at the top) gate the 1s up, then 2s (at the bottom) gate the 1s down
B2 8 All set and turn single
B2 8 1s half-figure 8 down, ending on proper side

[progressed order 3-1-2, 3s improper; repeat twice more]