

*Dance Directions for the
37th Annual New York Playford Ball
presented by Country Dance * New York
April 15, 2023*

THE DANCES

Alice	Love and a Bottle	Spring in Sebastopol
Barbarini's Tambourine*	Mary K**	Sunflowers
Beautiful Grove**	The Mulberry Garden	Turn of the Tide
Dancing on Air	Nonesuch	Up With Aily
The Fine Lady of Homewood	Old Wife Behind the Fire	The Young Widow
Freeford Gardens	Quite Carr-ied Away	
The Haymakers	Sadler's Wells	* <i>Talk-Through Only</i>
King of Poland	Saturday Triad	** <i>For Those Who Know</i>

NOTES ON THE DANCES

The dances in this booklet are arranged in alphabetical order for easy reference. The numbers in the second column are counts/beats, or the number of steps, to execute the described movement.

Unless otherwise specified:

- Setting is right and left.
- Turns single are to the right.
- Rights & lefts (R&L) are with hands.
- A circular hey is without hands.
- Changing places or crossing over is by the right shoulder.
- Back-to-back is by the right shoulder.
- Hand turns, stars, and circles are once around.
- Leading or falling back with another dancer is with inside hands joined.
- Circles and 2-hand turns are to the left.
- Siding is Cecil Sharp style.
- Poussettes are forward & back style.

Alice (2002, Philippe Callens)
duple minor longways, proper, waltz

- A1 12 1st corners set in place, then R-hand turn halfway to change places
A2 12 2nd corners the same
B 6 All individually fall back with 2 single steps
6 Partners cross over into...
12 Single file circle clockwise once around
12 Partners 2-hand turn

Barbarini's Tambourine (1747, r. Jacqueline Schwab)
duple minor longways, proper

- A1 16 1st corners cast L around neighbor, pass L shoulder in the center, and loop R behind partner to end in each other's place
A2 16 2nd corners cast R around partner, pass R shoulder in the center, and loop L behind neighbor to end in each other's place (*progressed & improper*)
B1 8 Neighbors fall back, then partners cross over to change sides (*progressed*)
8 Neighbors back to back along the lines
8 Partners back to back
B2 16 4 changes of R&L, starting with partner
8 Partners 2-hand turn

Beautious Grove (1710, r. Andrew Shaw)
3-couple longways set, proper

- A1 8 1s set, then short cast down into 2nd place **while** 2s lead up
8 1s and couple to individual R (1W & 2s, 1M & 3s) circle-3 (*1s end standing back to back on the centerline, 1W above, 1M below*)
A2 8 1s individually split the same end couple and cast L into middle place improper
8 1s with other end couple (1W & 3s, 1M & 2s) circle-3 (*1s end standing back to back on the centerline, 1M above, 1W below*)
B 16 1s cast R to improper side into a hey for 3 along the line, starting R shoulder with 1st contra corner (1W & 2M, 1M & 3W); instead of completing the hey, 1s join hands with end couple to form lines of 3 (*1M between 2s at top facing down, 1W between 3s at bottom facing up*) that approach for the last 2 steps
8 1s fall back, then cast L into middle place proper **while** 2s & 3s meet partner, face nearest end, and lead out to end place
8 1s 2-hand turn moving down to bottom place **while** 2s 2-hand turn in top place **while** 3s long cast up to middle place

Progressed order: 2, 3, 1

Dancing on Air (2022, Paul Ross)

3-couple longways set, proper, triple time

- A1 6 1s lead down to middle place with 2 single steps **while** 2s move up to top place with two side steps
- 6 1s cast up to the middle of a line of 4 (hands joined) facing down **while** 2s lead down & cast up to ends of the line **while** 3s below wait, then face up joining inside hands
- 6 3s balance back & fwd **while** line of 4 balance fwd, then 1s balance back bending the line to form a ring of 6
- 6 Circle-6 halfway, resolving into longways lines (*order: 3-2-1, all improper*)
- A2 6 3s lead down to middle place with two single steps **while** 2s move up to top place with two side steps
- 6 3s cast up to the middle of a line of 4 (hands joined) facing down **while** 2s lead down & cast up to ends of the line **while** 1s below wait, then face up joining inside hands
- 6 1s balance back & fwd **while** line of 4 balance fwd, then 3s balance back bending the line to form a ring of 6
- 6 Circle-6 halfway, resolving into longways lines (*all home*)
- B1 12 1s & 2s poussette clockwise halfway
- 12 1s & 3s poussette counterclockwise halfway
- B2 12 Partners set & turn single
- 12 Partners 2-hand turn with 2 triple-time steps, then 2 single steps

Progressed order: 2-3-1

The Fine Lady of Homewood (1996, Gary Roodman)

4-couple longways set, proper, triple time (slip jig)

- A1 9 In halves of the set, R-hand star
- 3 All turn single L
- A2 9 In halves of the set, L-hand star
- 3 All turn single R
- B 6 End couples cross over & cast around nearest middle dancer **while** middle couples lead out to nearest end (*order: 2-1-4-3, 1s & 4s improper*)
- 6 In halves of the set, circle halfway (*order: 1-2-3-4, 2s & 3s improper*)
- 6 In halves of the set, 2 changes of a circular hey starting with partner
- 6 Ends R-hand turn **while** middle couples do 2 more changes of a circular hey starting with partner

Progressed order: 2-4-1-3

Freeford Gardens (1980, David & Kathryn Wright)

duple minor longways, proper

- A1 8 Partners set forward, then turn single back to place
8 Partners cross R, then loop L to face each other
A2 16 Repeat back to place
B1 8 1s half-figure 8 down through 2s
8 2s half-figure 8 up through 1s
B2 8 Circle-4 halfway, then fall back into longways lines
8 Partners 2-hand turn once around

The Haymakers (1726, r. Rich Jackson & George Fogg)

duple minor longways, proper

- A1 8 1st corners cast L (counterclockwise) around neighbor into each other's place
8 1st corners L-hand turn halfway, then fall back into original place
A2 8 2nd corners cast R (clockwise) around neighbor into each other's place
8 2nd corners R-hand turn halfway, then fall back into original place
B1 8 Neighbors fall back a double, then set forward
8 1s 2-hand turn moving down the center **while** 2s long cast up (*progressed*)
B2 8 R-hand star halfway, then turn single L
8 2 changes of R&L starting with partner

King of Poland (1698, r. Cecil Sharp)

duple minor longways, improper

- A1 8 Neighbors 2-hand turn 1½ to change places
A2 8 Partners cross R, then then R-hand turn halfway
B1 4 1s lead up (end facing partner) **while** 2s cast down (*home*)
8 3 changes circular hey starting with partner
B2 8 1s half figure-8 up through the 2s
4 1s 2-hand turn halfway & open facing down

Love and a Bottle (1713, r. Bernard Bentley)

3-couple longways set, proper

- A1 16 1W (preceding partner) figure 8 through 2s **while** 1M figure 8 through 2M & 3M
A2 4 1s quick cast to middle place & face down, 2s moving up
8 1M 2-hand turn 3M **while** 1W 2-hand turn 3W
4 1s set to partner (*order: 2-1-3*)
B1 8 1s cross over & R-hand turn 1st contra corner
8 1s L-hand turn 2nd contra corner, ending in middle place improper
B2 8 1s set, then cross over & face partner
4 1s clap: together, R, together, L
4 1s cast to bottom place, 3s move up
Progressed order: 2-3-1

Mary K (2002, Gary Roodman)
duple minor longways, improper, triple time

- A1 9 Men cast R around neighbor into each other's place
3 Partners along the line 2-hand turn halfway
- A2 9 Women cast R around partner into each other's place
3 Neighbors along the line 2-hand turn halfway (*all crossed over*)
- B 6 Circle-4 halfway & fall back slightly (*home*)
6 Partners cross, turning R to face
6 2 changes R&L (*progressed*)
6 Partners 2-hand turn ending close (1s facing up, 2s facing partner)
- C1 *Petit Fours* with original neighbors:
3 1s lead up **while** 2s fall back from partner
3 1s fall back **while** 2s go down the outside
3 1s down the outside **while** 2s meet
3 1s meet **while** 2s lead up
- C2 *Petit Fours* with new neighbors:
3 1s lead down **while** 2s fall back
3 1s fall back **while** 2s go up the outside
3 1s up the outside **while** 2s meet
3 1s meet **while** 2s lead down

The Mulberry Garden (1670, r. Cecil Sharp)
duple minor longways, proper

- A1 8 Partners lead up a double & fall back
8 Repeat; end facing partner
- B1 8 Partners individually fall back a double & come forward
8 Partners 2-hand turn
- A2 8 Partners back to back
8 Neighbors back to back
- B2 4 Circle-4 halfway (keep partner's hand)
4 Partners wheel around clockwise to change places & all face up (*progressed*)
8 2s cast down & lead up **while** 1s lead up & cast down

Nonesuch (1651, r. Cecil Sharp)
4-couple longways set, proper

Part I

- A 16 Partners lead up a double & fall back; repeat
B 16 Partners set & turn single; repeat

Part II

- A 8 1s spring forward & join both hands, go down the center below 2s with 2 slipping steps, and (releasing hands) turn down & away to face neighbor above on the diagonal

- 8 1s join both hands with neighbor & advance a double (diagonally), then neighbors open facing partner & advance a double into longways lines (*order: 2-1-3-4*)
- B 16 Same neighbors fall back a double & come forward a double, then those partners 2-hand turn
- ABABABAB 128 Repeat 4 more times, current top couple joining in each time lead couple is in third place, until original bottom couple is in top place (*order: 4-3-1-2*)

Part III

- A 8 Partners side over by L (changing places) & turn single R
8 Partners side back by R & turn single L
- B 2 Top place man spring in onto the center line facing down
2 Top woman spring onto the center line facing up
12 Remaining couples do the same in sequence (man, then woman) to form a column of 8 along the center line

Part IV

- A 16 Partners arm R, then arm L (end facing partner)
- B 8 All individually slip L 4 times, then slip R 4 times to reform the column
8 All slip R 4 times, then slip L 4 times to reform the column

Part V

- A 2 Top place man spring out to proper side
2 Top woman spring out to proper side
12 Remaining dancers do the same in sequence to reform the set
- BA 32 Progressive chain (tops face across, others face up to start): Top couple change places R-hand with partner, then L-hand with the next, and so on; all continue completely round the set to finish where they began the chain

Progressed order: 4-3-1-2

**Old Wife Behind the Fire (1726, r. Rich Jackson & George Fogg)
duple minor longways, proper**

- A1 8 1s set & cast down, 2s move up
8 1s turn 2-hands
- A2 8 2s set & cast down, 1s move up
8 2s turn 2-hands
- B1 8 1s cross & go below, 2s move up
8 2s cross & go below, ending in the middle of a line of 4 facing up
- B2 8 Lead up a double, then fall back bending the line
8 2 changes of R&L starting with partner

**Quite Carr-ied Away, or Joan Transported (1976, Pat Shaw)
4-couple longways set (Scottish-style), proper, triple time**

- A1 12 1s & 2s circle halfway, then partners cross over (*order 2-1-3*)
12 1M with 2M and 1W with 3W back-to-back along the lines
- A2 12 1s changing ends, circle-3 (1M & 3s, 1W & 2s)
12 Partners back-to-back
- B1 *Contra corners variation*

- 12 1s R-hand turn
- 12 1s with couple to individual L (1M & 2s, 1W & 3s) R-shoulder half-hey for 3 across the set starting 2nd contra corner
- 12 1s L-hand turn 2nd contra corner & cross L-shoulder with partner (*order: 2-1-3, all improper*)
- B2 36 Repeat at other end: 1s R-hand turn; 1s with couple to individual L (1M & 3s, 1W & 2s) R-shoulder half-hey for 3 across the set starting 1st contra corner; 1s L-hand turn 1st contra corner, then cross L-shoulder with partner to proper side

Sadler's Wells (1728, r. Douglas & Helen Kennedy)
duple minor longways, proper

- A1 8 Neighbors back-to-back
- 8 Partners back-to-back
- A2 8 Neighbors 2-hand turn
- 8 Partners 2-hand turn
- B1 8 Facing on diagonal, all set R&L then turn single (clapping on counts 5, 6, and 7)
- 8 Circle-4
- B2 12 1s half-figure 8 down though 2s (skipping), then cross & go below as 2s lead up
- 4 Partners quick 2-hand turn

Saturday Triad (1998, Fried de Metz Herman)
3-couple longways set, proper

- A1 8 1s long cast, 2s moving up
- 8 Top two couples star R (skipping), 1s ending facing down
- A2 8 Bottom two couples (1s & 3s) L-shoulder back-to-back with neighbor
- 8 Same dancers, star L (skipping)
- B1 16 1s to individual R full figure 8 through end couples (skip-change step)
- B2 8 Bottom two couples lead up through 2s at top & cast down with 1s in lead (skip-change)
- 8 Partners swing, 1s & 2s ending facing up

Progressed order: 2-3-1

Spring in Sebastopol (2004, Philippe Callens)
duple minor longways, proper

- A1 8 1s set, then 2-hand turn halfway to face neighbor along the line
- A2 4 Neighbors set, then 2-hand turn halfway to face partner, ending close (*progressed, 1s improper*)
- B1 8 Neighbors fall back a double, then come forward turning single R
- 8 Progressive R&L: 1s do 3 changes starting R-hand with partner **while** 2s wait, then do 2 changes, starting L-hand with neighbor (*home, all improper*)
- B2 8 Half-poussette counterclockwise, 2nd corner positions moving forward to start (*progressed & improper*)
- 8 Half-double figure 8: 1s cross up to start **while** 2s cast down (skip-change step)

Sunflowers (2022, Orly Krasner)

duple minor longways, proper

- A1 8 Partners side over L shoulder & back R
8 1st corners R-hand turn once around
- A2 8 Partners side over R shoulder & back L
8 2nd corners L-hand turn once around
- B1 8 Chase: 2nd corners, followed by partner, cast R halfway around the ring
(*progressed & improper*)
8 Partners cross-hand swing 1½ to end proper (chase leaders look back over
R-shoulder to start) (*progressed*)
- B2 8 Original neighbors, star R once around
8 New neighbors, star L once around

Turn of the Tide (1998, Ron Coxall)

duple minor longways, improper, waltz

- A 8 Circle-4 halfway, then partners 2-hand turn halfway
8 2s lead down through 1s & cast back to place
8 Circle-4 halfway, then partners 2-hand turn halfway
8 1s lead down through the 2s & cast back to place (*home*)
- B 8 1s lead down, then change hands & fall back moving down the set
8 1s lead up, then change hands & fall back moving up the set to place
4 Partners pousette straight out (men forward)
2 Men step L to face partner along the line **while** women pivot R one quarter
2 Women step L to face partner across **while** men pivot R one quarter
4 Partners pousette (men forward) into progressed place
4 Partners 2-hand turn halfway, opening to face new couple

Up With Aily (1703, r. Cecil Sharp)

duple minor longways, proper, triple time

- A1 3 2M & 1W advance a double to 1M, forming a line of 3 facing 2W
6 Line of 3 lead forward & fall back
3 2M & 1W dance back to places
6 1M cast down to second place **while** 2M turn single L moving up the inside **while**
women turn single R
- A2 3 2M & 2W advance a double to 1W, forming a line of 3 facing 1M
6 Line of 3 lead forward & fall back
3 2M & 2W dance back to places
6 1W cast down to second place **while** 2W turn single R moving up the inside
while men turn single L (*progressed*)
- B 6 1s back-to-back
6 1s cast up **while** 2s lead down & turn single down & away
6 Circle-4
6 1s cast **while** 2s lead up & turn single away

The Young Widow (1788, r. Jim Morrison)

triple minor longways, proper

- A1 16 1s & 2s R-hand star, then L-hand star (skip-change)
- A2 8 1s lead down center, 2-hand turn halfway
- 8 1s skip to top, then cast off while 2s move up (*order 2-1-3, 1s improper*)
- B 8 Neighbors joining hands in lines of 3 facing across, all set twice (colonial style)
- 8 Circle-6 halfway & 1s release neighbors' hands (*order 3-1-2, 2s & 3s improper*)
- C 8 2s & 3s (keeping partner's hand) set twice to each other
- 8 2s & 3s: 2 changes of R&L, starting with opposite